



Sun Protection Policy

Volleyball South Australia

Date of Issue
Last Reviewed
Controlling Body

April 2018
April 2018
VSA Board

Overview

Volleyball South Australia (VSA) Sun Protection Policy has been introduced to provide guidelines for event organisers to protect VSA staff, officials and participants from harmful solar radiation.

Background

Australia has the highest incidence of skin cancer in the world. Levels of ultraviolet radiation are particularly high in many locations around Australia, due to ozone layer depletion and generally clear weather. Many events organised by VSA and its Affiliates are conducted outdoors and at times of the day that risk high exposure to the sun.

The aims of this policy are to promote:

- An awareness of the dangers of exposure to the sun and the need for protective measures;
- The need for positive attitudes and responsible behaviours towards skin protection; and
- Practices that can reduce the incidence of skin cancer.

Policy Application

This Policy applies to all VSA members and all other people or organisations which by agreement or otherwise, are bound to comply with this policy (including contractors, board members, employees, administrators, officials, volunteers and attendees at outdoor functions of VSA).

This policy applies to behaviour and practices occurring during the course of VSA business, activities, competitions and events.

Responsibilities

VSA's role and contribution in making this policy work is to take all reasonable steps necessary to ensure that VSA staff, officials and participants are aware of sun protection behaviours for outdoor events and competitions.

This will be achieved by:

- Distributing the Policy to all Affiliates; and
- Including a copy of the Policy on the VSA website.

VSA and Affiliates member's roles and contribution is to:

- Comply with this policy and ensure information is made available;
- Ensure all significant personnel are familiar with the policy and required procedures at each level of the VSA network;
- Collaborate with VSA staff to implement best practice; and
- Report any areas of concern to VSA in a timely manner.

Policy Statement

VSA will take all breaches of the Policy seriously and will ensure they are dealt with promptly, sensitively and confidentially. Disciplinary action may be taken against a VSA staff member who is found in breach of this Policy, in accordance with the VSA Misconduct Policy.

Outdoor Events

The following precautions are recommended:

Events

Event organisers shall make broad spectrum SPF 30+ sunscreen freely available at a central location.

If shade cannot be located closer than 50m to each playing area, then the participants should be advised and be allowed to set up their own shade tents or bring other shade devices such as umbrellas.

Where possible, minimise scheduled play during expected high-risk times of day (refer *VSA Extreme Weather Policy*).

Uniforms

All team uniforms should allow the option of a hat to be worn during play where tournament regulations allow. Players should be encouraged to be sun smart when off the court.

General

Adults involved with junior sport should be role models of best sun protection behaviour.

All staff, athletes, coaches and officials should adopt sun smart principles at all times, including, but not limited to:

- applying sunscreen;
- wearing a hat and sunglasses;
- wearing full length clothing where practical;
- seeking out shade when not playing; and
- hydrating.

The Cancer Council of Australia provides considerable on-line information on sport and sun protection which can be used when implementing and reviewing this policy.

VSA Staff

VSA staff are expected to comply with sun protection behaviours working in the sun for VSA Competitions and events.

Document History Log

Issue number	Date Issued	Approved by
1	April 2018	Anne-Marie McAinsh